SAMHSA Primary and Behavioral Health Care Integration (PBHCI)
Mid-Atlantic (HHS Regions 2 & 3) Learning Community In-Person Meeting
February 2-3, 2015
26 Federal Plaza, 6th Floor Conference Center ● New York, NY
Agenda

Overview
What does the future of health care look like? And what does this mean for primary and behavioral health care integration? Engage in a discussion with colleagues on the trends and outlook for health care and integration. Then, learn tools and processes for instituting organization-wide change based on these trends and results from the Behavioral Health Care Integration Capacity Assessment (BHICA). Finally, learn about ten principles of health behavior change and develop strategies for activating self-management.

Monday, February 2

1:00 – 2:00 pm   **Welcome & Introductions/Grantee Sharing**
- Tenly Biggs, SAMHSA PBHCI GPO, Region 2
- Marian Scheinholtz, SAMHSA PBHCI GPO, Region 3
- Dennis Romero, SAMHSA Administrator, Region 2
- Jean Bennett, SAMHSA Administrator, Region 3
- Cheryl Donald, HRSA Representative, Region 2
- Robert McKenna, HRSA Representative, Region 3
- Tony Salerno, CIHS Liaison
- Emma Green, CIHS Coordinator
- Grantees will introduce themselves including their role, location, cohort, and an achievement in the last 3-6 months

2:00 – 2:15 pm   **Update from Federal Partners**
Federal partners will share initiatives and resources that may be of interest to grantees.

2:15 – 2:30 pm   **Regional Grantee Benchmarking**
CIHS will review and lead a discussion of current comparative data (enrollment, reassessment, and physical health indicators).

2:30 – 2:45 pm   **Stretch Break**

2:45 – 4:00 pm   **Assessing the Current and Future Integration Landscape**
CIHS will engage grantees in small and large group discussions about the future of healthcare with the goal of identifying potentially disruptive innovations and how they can prepare for the potential impact on healthcare services in their community/state. Through this discussion grantees will start thinking more creatively about the future of the healthcare marketplace in their community/state and how they can ensure sustainability of their PBHCI models.

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4:00 – 5:00 pm	**Continuous Quality Improvement (CQI): Testing Change** CIHS will lead grantees through a process for developing a plan around an area of improvement and monitoring its effectiveness. Discussion will include planning with a focus on the customer.
5:00 pm	**Meeting Adjourn for the Day**

Tuesday, February 3

8:30 – 9:00 am	**Welcome/Recap of Day 1**
9:00 – 9:30 am	**CQI and BHICA Group Discussion** Grantees will share their reflections on the previous day's discussions around health care trends and quality improvement as well as share their experiences with completing the BHICA.
9:30 – 10:00 am	**Team Action Planning Using the BHICA** Grantees will break out into teams to review BHICA results and develop a CQI plan.
10:00 – 10:15 am	**Stretch Break**
10:15 – 11:00 am	**Team Report Out and Group Discussion**
11:00 – 12:00 pm	**Impacting Behavior Change** CIHS will engage grantees in a discussion around strategies for improving client engagement and activating self-management to modify behaviors that impact their health. Topics include: guiding values to promote engagement and recovery, defining behavior change and why it is important, and core principles and practices to promote behavior change.
12:00 – 1:00 pm	**Lunch on Your Own**
1:00 – 1:30 pm	**Impacting Behavior Change, cont.** Grantees will continue discussion around strategies for modifying health behaviors.
1:30 – 2:15 pm	**Small Group Action Planning** Grantees will break out into small groups to brainstorm either (1) a change in organizational infrastructure or (2) a strategy that will support health behavior change and client engagement.
2:15 – 2:45 pm	**Small Group Report Out and Group Discussion**
2:45 – 3:00 pm	**Wrap Up and Evaluation** Tony Salerno, CIHS liaison, will summarize the discussions of the past day and a half. Grantees will also complete the meeting evaluation.
3:00 pm	**Adjourn**

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